

*Community-wide event
Commemorating the 5th Yartzheit of
Sarah Adelman ^{z"l}*

Sunday, July 31, 2011 at 7:00 P.M.
Young Israel of St. Louis

Community-wide lecture, minimum donation of \$18.00
per family

Featuring

RABBI DR. REUVEN BULKA**

ARE WE AS HAPPY AS WE SHOULD BE?

During the three weeks, it is apropos to speak about mandated sadness.

*This lecture will juxtapose that topic with the general obligation to be happy, and how happiness
and sadness interact within Judaism.*

** Rabbi Dr. Reuven P. Bulka has been the spiritual leader of Congregation Machzikei Hadas in Ottawa since 1967. In addition to being an accomplished author of more than 30 books and countless articles in the fields of religion, health, and psychology, he is also host of a radio program and a regular contributor to the Ottawa Citizen. Rabbi Bulka is the chair of the Trillium Gift of Life Network (responsible for organ and tissue donation in Ontario), and chairs the Hospice Ottawa West campaign. He received his Semikhaha (Rabbinic ordination) from the Rabbi Jacob Joseph Rabbinical Seminary, New York, in 1965 and his Ph.D. (concentrating on the Logotherapy of Viktor Frank) from the University of Ottawa in 1971.
<http://www.machzikeihadas.com/bulka.htm>

**SPONSORED BY THE SARAH ADELMAN
MEMORIAL FUND**

The Sarah Adelman Memorial Fund supports programs and initiatives to help individuals dealing with psychological and social issues. Needy individuals in the St. Louis Jewish Orthodox community requiring counseling can be supported by this fund.